Adjustable Decline Ab Bench

ES-61A41YR



The Adjustable Decline Ab Bench reflects the core principles of the Essential Strength Line—durability, stability, and intuitive design. Built to support effective core training, this bench provides a secure and adjustable platform for a wide range of abdominal exercises. Engineered for full-commercial environments, it combines heavy-duty construction with user-friendly adjustability, allowing individuals of all fitness levels to train comfortably and efficiently.

Key Features & Specifications:

- Commercial-Grade Frame Construction:Main frame: 3.94" × 1.97" × 0.12" flat oval steel tubingAll structural components utilize high-quality Q235 steel

- User-Focused Adjustability: Adjustable foot pad positions accommodate a wide range of users and exercise variations.

- Mobility & Convenience: Integrated transport wheels and handle allow for easy and safe repositioning within the facility.

- Stable & Durable Design: Engineered for maximum stability during decline movements, ensuring safe and controlled training.

- Comfort-Driven Components: High-density foam padding provides firm, supportive comfort during use Upholstered with furniture-grade PU leather for durability and easy maintenance Integrated ABS guards enhance durability in high-contact areas.

- Net Weight: 106lbs
- Gross Weight: 117lbs

DIMENSION IN INCHES

Height	Width	Length
28.7	26.0	66.9