Leg Press – Calf Raise

ES-55A11YR



The Leg Press / Calf embodies the core principles of the Essential Strength Line—durability, smooth performance, and intuitive movement. This dual-function unit is designed to effectively target the quadriceps, hamstrings, glutes, and calves, providing a complete lower body training solution in one efficient machine. Engineered for full-commercial environments, this machine delivers smooth, controlled resistance through both pressing and calf raise movements. Its ergonomic design supports proper biomechanics, allowing users to train safely and effectively across all fitness levels.

Key Features & Specifications:

- Commercial-Grade Frame Construction: Main frame: 4.65" × 2.95" × 0.12" semi-elliptical steel tubing Functional area: 4.72" × 1.97" × 0.12" flat oval tubing Movement arms: 3.15" × 1.57" × 0.12" steel tubing Joint sections: 3.94" × 1.97" × 0.12" flat oval tubing All structural components utilize high-quality Q235 steel.

- Smooth & Durable Performance: High-strength cable system rated for up to 3,080 lbs. ensures long-term durability and consistent resistance Precision-engineered movement system provides smooth leg press and calf raise motion paths for optimal muscle engagement.

- Full Shroud Design: Durable full shrouds constructed from 0.16" thick virgin ABS for enhanced safety and a clean, modern appearance.

- Comfort-Driven Components: High-resilience MC foam padding delivers long-lasting comfort and support Upholstered with premium-grade PU leather for durability and easy maintenance.

- User-Focused Design: Dual-function configuration allows seamless transition between leg press and calf raise exercises Designed to support proper alignment and stable foot positioning throughout movement.

- Net Weight: 613lb
- Gross Weight: 710lb
- Weight Stack: 220lb

DIMENSION IN INCHES

Height	Width	Length
63.8	39	63.4