MULTI GRIP CAMBERED BAR

BAROLYMGC



The Cambered Multi-Grip Bar is a specialty Olympic barbell which delivers enhanced range of motion and is designed to minimize strain on your wrists and shoulders. Its cambered shape helps stabilize your center of gravity, increasing control and safety throughout a variety of strength exercises including bench press, incline press, floor press, rows and overhead press.

FEATURES

- Finish: Black Powder Coat
- · Material: Steel
- Grip Diameter: 32mm
- Sleeve Diameter: 48mm (1.9")
- Overall Length: 82.25-in.
- Sleeve to Sleeve Length: 53-in.
- Loadable Sleeve Length: 14.5-in.
- Grip Length: 7-in.
- Camber Height: 3.5"
- Knurled Grips
- 1000 lbs weight capacity

ACCESSORY OPTION:

Keep weights secure during workouts with Lock-Jaw Pro2 Axle collars specifically designed for clamping 1.9" bars.

Style #AC-LOCKJAWPR2-AXL



